



Empowering Individuals and Strengthening Communities



## 2020 Keep the Door Open Rally in Annapolis

February 27, 2020 | 12 pm

While Maryland has taken several critical steps in recent years to address long-standing and pervasive barriers to treatment for children and adults with mental health and substance use disorders, there is still work to be done. Join EveryMind and the Behavioral Health Coalition in Annapolis to advocate for several priorities that ensure Marylanders will have access to the high quality care they need.

[Rally Information](#)

[2020 Priorities](#)

## *Make a Difference* Program Highlights EveryMind's Hotline Volunteers

Have you ever wondered what its like to volunteer with EveryMind's crisis hotline? Ever considered joining our team of talented and dedicated volunteers? EveryMind hotline volunteer, Laurie Calder, appeared on Montgomery County's *Make a Difference* program to talk about the many ways volunteering has positively impacted her and our community.



[Watch the Program](#)

[Volunteer Opportunities](#)



## Many Thanks to Our 2020 Point in Time Count Volunteers!

On the evening of January 22nd and into the early hours of January 23rd, over 100 volunteers canvassed metro stations, parks, encampments and other locations across the County, surveying people experiencing homelessness and distributing essential items like gloves, socks and gift cards. This annual count is essential to ensuring that adequate funding is allocated to services that support people living unsheltered.

Among the volunteers were Councilmembers Gabe Albornoz, Andrew Friedson, Evan Glass and Craig Rice, as well as Dr. Raymond Crowell, Director of the Montgomery County Department of Health and Human Services. Local news media provided a behind-the-scenes look at the important work that took place that evening.

[Watch Video](#)

[2017-2019 Point in Time Data](#)

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## Sherry S. Hintz Scholarship Applications Now Available Deadline to Apply: March 27, 2020



EveryMind, in partnership with the Greater Washington Community Foundation, is proud to administer the Sherry S. Hintz Scholarship Fund. This Fund was created by an anonymous Montgomery County resident in memory of several women in her family who lost their lives to breast cancer. The Fund provides college scholarship awards to students who have lost a parent or guardian to breast or ovarian cancer.

For more information or to request application materials, please visit our [website](#).



## Free Webinar Next Week! Improving Workplace Wellbeing Through Self-Care

February 26, 2020  
1:00 p.m. - 2:00 p.m.

There's still time to register for this webinar! Participants will learn how to identify stress, recognize signs of burnout and explore proven self-care strategies. Each participant will also learn how to develop a personal self-care plan to alleviate workplace stress and improve mental, emotional, and physical health.

[Register](#)

**This webinar is offered in partnership with:**



**Need Help/Support/Resources?**

Call or Text: 301.738.2255

Chat: <https://suicidepreventionlifeline.org/chat/>

ServingTogether Veteran Peer Navigator : 1.855.738.7176

[Sign-up](#) for the EveryMind newsletter.

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