



Your mental wellness.  
Our mission.

## MENTAL HEALTH RESOURCES FOR MONTGOMERY COUNTY

### Montgomery County Crisis Center

Immediate response to mental health and situational crises through telephone, walk-in and mobile outreach services. Open 24 hours a day, 7 days a week, 1301 Piccard Drive, Rockville, MD 240.777.4000

### Montgomery County Access to Behavioral Health Services

Assistance with obtaining appropriate outpatient mental health or substance abuse services for individuals eligible through the public behavioral health system.

#### Walk-In assessments and evaluation

Monday - Friday at 9:00 am or 1:00 pm  
255 Rockville Pike, Suite 145, Rockville, MD  
240.777.1770 or 240.777.4710

### Beacon Health Options

Implements the public mental health system for individuals with Medicaid and individuals who receive state subsidizations for services. 1.800.888.1965

### Mental Health Services for Seniors & Persons with Disabilities

240.777.3990

### Childlink

Information and referral service for children birth to 5 years old and their families. 240.777.GROW (4769)

### Montgomery County Screenings/Assessment Services for Children/Adolescents

240.777.1430

### 2-1-1 Maryland

#### (2-1-1 Metro-DC & 2-1-1 Virginia also available)

Link to community health and human resources statewide, 24 hours a day, 7 days a week (free, in over 180 languages). Database with over 5,000 organizations and programs across the state at [www.211md.org](http://www.211md.org).

## AREA HOTLINES

24-Hour Info, Referrals and Supportive Conversation

### Montgomery County Hotline

301.738.2255

### Montgomery County Youth Crisis Line

301.738.9697

### EveryMind Serving Together program (Military & Veterans)

1.855.738.7176

### DC Access Helpline

1.888.7WE.HELP or 1.888.793.4357

### For Hearing & Speech Impaired with TTY Equipment

1.800.799.4TTY (4889)

### Maryland Youth Crisis Line

1.800.422.0009

### National Suicide Prevention Lifeline & Veterans Crisis

1.800.273.TALK (8255), Veterans press 1

### Northern Virginia Crisis Link Hotline

703.527.4077 or text "connect" to 855.11

### Red Nacional de Prevención del Suicidio

1.888.628.9454

### Relay Service for the Deaf

1.800.735.2258

## SELF-HELP & SUPPORT GROUPS

Call to find a group near you

### Depression & Bipolar Support Alliance

1.800.82.NDMDA (63632)

### National Alliance on Mental Illness

1.800.950.NAMI (6264)

### Mental Health America

1.800.969.NMHA (6642)



## NONPROFIT PROFESSIONAL MENTAL HEALTH SERVICES

### **Affiliated Santé Group**

*Medicaid, self-pay*  
Silver Spring, MD  
301.589.2303

### **Andromeda Transcultural Health Center**

*Medicaid, sliding scale, private insurance*  
NW Washington, DC  
202.291.4707

### **Catholic Charities (Non-Sectarian)**

*Medicaid, sliding scale, private insurance*  
Rockville, Gaithersburg, Silver Spring and  
Wheaton, MD  
301.942.1790

### **Cornerstone Montgomery**

*Medicaid, private insurance*  
Bethesda, MD  
301.493.4200

### **Family Services, Inc.**

*Medicaid, private insurance*  
Gaithersburg, MD  
301.840.3200

### **Jewish Social Service Agency (Non-Sectarian)**

*Medicaid, sliding scale, private insurance*  
Maryland, DC and Virginia  
301.881.3700

### **Pastoral Counseling & Care Ministries**

*Sliding scale, private insurance*  
Silver Spring, MD (ext 3) and Bethesda, MD  
(ext 2 or ext 6)  
1.888.626.2273

### **Pastoral Counseling & Consultation Centers of Greater Washington**

*Sliding scale, private insurance*  
Maryland, DC and Virginia  
202.449.3789

### **Reginald S. Lourie Center for Infants & Young Children**

*Medicaid, some insurance*  
Rockville, MD  
301.984.4444

### **Washington & Waldorf Pastoral Counseling Service**

*Medicare, sliding scale, private insurance*  
Maryland and DC with 15+ locations  
301.681.3201

### **Willow Oak Therapy Center**

Rockville, MD  
*Medicaid, sliding scale, private insurance*  
301.251.8965

## YOUTH SERVICES CENTERS BY SERVICE AREA

*These facilities all accept Medicaid or sliding scale payment.*

### **EveryMind Youth & Family Services**

Serving Einstein, Kennedy, Wheaton HS and  
their feeder schools  
301.933.2818

### **Family Services, Inc.**

Serving Gaithersburg and Olney  
240.683.6580

Serving Damascus, Northwest, Poolesville,  
Quince Orchard, Seneca Valley, Clarksburg HS  
and their feeder schools  
301.972.0307

### **Rockville Youth & Family Services Bureau**

Serving Richard Montgomery, Rockville,  
Wootton HS and their feeder schools  
240.314.8310

### **YMCA Youth & Family Services**

Serving Bethesda-Chevy Chase, Blair, Blake,  
BCC, Churchill, Paint Branch, Springbrook, Walter  
Johnson, Whitman HS and their feeder schools  
301.593.1160

## HOSPITALS

Inpatient and/or Outpatient Treatment and  
Doctor Referrals

### **Adventist Behavioral Health**

Rockville, MD  
301.251.4500

### **Children's National Medical Center**

Rockville, MD  
301.765.5440

### **Holy Cross Hospital**

Silver Spring, MD  
301.754.7860

### **Holy Cross Germantown**

Germantown, MD  
301.557.6860

### **MedStar Montgomery Medical Center**

Olney, MD  
301.774.8800

### **Suburban Hospital**

Bethesda, MD  
301.896.3100

### **Washington Adventist Hospital**

Takoma Park, MD  
301.891.5600