

## **Youth and Family Services Therapeutic Case Management Services**

### **What is Therapeutic Case Management?**

EveryMind's Therapeutic Case Management Services offers a variety of supports to Montgomery County youth ages 9 to 18 who are involved in or at risk of involvement with the juvenile justice system. These services promote the integration of support and interventions across service systems to include academic advocacy/support, anger management, community service opportunities, recreational activities, individual and family mental health services, substance abuse services and referral, employment and job readiness skills and connection with other community organizations as needed.

Services are provided, on average, once per week for up to 90 days. Group services are offered once a week for 8-12 weeks based on the needs of current program participants. Services may be provided in office, school, and community locations.

### **Who can participate in Case Management Services?**

Youth living in Montgomery County, Maryland who are involved in the juvenile justice system and/or those who would benefit from additional support to prevent involvement with the juvenile justice system.

### **What is the cost of these services?**

These services are free of charge to youth and their families.

### **What are the benefits of participating in Case Management?**

Youth who participate in services will reduce risk factors such as academic failure, alienation and isolation, association with delinquent and violent peers, and minimal commitment to school. In addition, the youth may gain employment and/or employment skills, learn to implement effective problem solving skills, identify personal strengths for successful outcomes, initiate and maintain positive peer relationships, and participate in pro-social activities within their local communities.

### **Who should I contact for referral information or if I need additional information?**

Please contact Diana Barney at 301.424.0656 x515 or via email at [dbarney@every-mind.org](mailto:dbarney@every-mind.org).